

# Seaforth Parent Advisory Council

By Cheryl Healey [chair@seaforthpac.net](mailto:chair@seaforthpac.net)

Happy New Year and welcome to 2015! I hope you all had a restful holiday and are excited to be back at Seaforth.

Your Seaforth PAC has a family fun night coming up on January 23<sup>rd</sup>. An evening of Zumba will jump start any new year's fitness resolution with family and friends by your side to cheer you on. Our students have had plenty of Zumba experience lately and will be happy to show you a few moves. More sign up information is coming soon.



## 20 YEARS OF JINGLE BELL JOY

Thank you to everyone who was able to help out or drop off donations for this year's walk. 172 boxes of donations is an amazing achievement.

Santa Claus came to town and stopped by Seaforth on our last day of classes in December. Santa was able to visit all our students this year and personally delivered candy canes to all the good boys and girls. Thank you to Dal Sidhu, Meishan Cheung and your team of elves, for organizing a fun festive pancake breakfast and for sending a request to the North Pole for our special guest.



Hot Chocolate was flowing at the end of the school day on December 19<sup>th</sup>. Your PAC was able to offer hot chocolate courtesy of Starbucks at Lougheed Mall. There were smiles all around as students headed home for the holidays.



## THRILLING THURSDAYS



We are ringing in the New Year with a Thrilling Thursday on **January 8th!** Lubna Dalupang will be at Seaforth to do Zumba with students in Grades One and Grade Three. Come and get exercise in a fun way.

Our Next Thrilling Thursday will be on **March 26th** with Lubna Dalupang leading Zumba for students in Kindergarten and Grade Two. Thank you, Cheryl Tong

## Seaforth Hot Lunch Program



Ordering for the winter session is now open and will run through to March 24<sup>rd</sup>. Please have your orders in and paid for by **January 13<sup>th</sup>** to ensure your child receives lunch on January 20<sup>th</sup>. Orders that have not been paid are not placed.

If you have and questions regarding Hot Lunch ordering please contact Cheryl Healey [chair@seaforthpac.net](mailto:chair@seaforthpac.net) or your Hot Lunch coordinators.

**Adrienne Dall'Antonia** [thedalls@shaw.ca](mailto:thedalls@shaw.ca)

**Meishan Cheung** [meishan@shaw.ca](mailto:meishan@shaw.ca)

As a friendly reminder please have your child stop by the PAC kitchen to speak with our coordinators if there are concerns regarding their order. We are always available to address any issues promptly.

If you are interested in joining our volunteer Hot Lunch team from 11-12pm on Tuesdays please contact Lisa Buysse [lbuysse@telus.net](mailto:lbuysse@telus.net)

Thank you for supporting our volunteer run Seaforth Hot Lunch Program.



## SPIRIT DAY

Now that 2015 has arrived, planning for Spirit Day needs to begin soon. We are looking for a team of helpers to assist with organizing this popular event and any experience would be an asset. Without parent volunteers, this event will not be possible. Please contact Cheryl Healey [chair@seaforthpac.net](mailto:chair@seaforthpac.net) or stop by the next PAC Meeting if you are able help out.



Our next PAC General Meeting will be **January 21<sup>st</sup> 7 pm** in the library. Childcare and light refreshments will be provided.

Attending a PAC meeting is a great way learn more about your child's school. It's a perfect venue to offer input on school activities and special events. Come connect with other parents and meet your PAC Executives.

We look forward to seeing you there.

Sincerely,

Cheryl Healey  
PAC Chairperson  
École Seaforth Elementary School



Ditch the work out.....

Zumba Fundraiser at

# Seaforth

Friday, January 23<sup>rd</sup>

6:30-8:00pm

\$10 in advance, \$12 at the door, \$25 per family

Please contact Lisa Buysse  
[lbuyse@telus.net](mailto:lbuyse@telus.net) for more information or to purchase tickets.

- No experience necessary
- Bring your friends and water bottle and get ready to have some fun grooving to this easy to follow Latin inspired fitness party.

Join the Party

Name: \_\_\_\_\_

Dollar amount enclosed: \_\_\_\_\_

Number of tickets: \_\_\_\_\_

Division: \_\_\_\_\_

Teacher: \_\_\_\_\_

Email: \_\_\_\_\_

